

# Car Seat Safety Tips

Only 1 out of 4 child car seats are properly installed in the U.S.

But many injuries and deaths are avoidable with the use of proper restraints like child car seats, booster seats, and seat belts.

Join Toyota, Cincinnati Children's and our other hospital partners across the U.S.

Take the online pledge to Buckle Up for Life at [BuckleUpforLife.org](http://BuckleUpforLife.org)

And follow these simple tips to make sure your child is safer in the vehicle.

Buckle Up for Life was created in 2004 by experts from Cincinnati Children's Hospital Medical Center and Toyota. Buckle Up for Life is a community-based program that educates families on critical safety behaviors and provides free child car seats to families in need. To deliver the education in the most effective manner, we work in close collaboration with local hospital partners and churches.



Babies should sit in a **REAR-FACING** car seat until they turn **TWO**.



**TODDLERS** should use a **FORWARD-FACING** car seat with a harness until they reach the height or weight limit specified on the car seat.



Children **SHORTER THAN 4'9"** must use a booster seat.



All children under 13 are **SAFEST IN THE BACK SEAT**.



A **SEAT BELT** should lie across the upper thighs and be snug across the shoulder and chest.

For tips and videos in English & Spanish on how to properly install child car seats, visit [BuckleUpforLife.org](http://BuckleUpforLife.org)

[Facebook.com/BuckleUpforLife](https://www.facebook.com/BuckleUpforLife) | [@BuckleUpforLife](https://twitter.com/BuckleUpforLife)



**Buckle Up for Life**

**TOYOTA** | Cincinnati Children's



# Buckle Up for Life

TOYOTA



**EVERY 4 SECONDS**

a child is treated for an injury in an emergency department.



**#1 KILLER**

of children under 12 is motor vehicle crashes.



**1 OUT OF 4**

child car seats in the US are properly installed.



**50%**

fatally injured children were unrestrained at the time of the vehicle crash.



Studies show that African American and Hispanic children are as much as 10 times less likely to be properly restrained in a vehicle.

**SOURCES:**

1. <http://www.safercargov/parents/CarSeats.htm#>

2. <http://www.cdc.gov/vitalsigns/childinjury/infographic-text.html>

3. [http://www.nhtsa.gov/Driving+Safety/Research+&+Evaluation/Motor+Vehicle+Occupant+Protection+Facts+\(revised+August+2008\)](http://www.nhtsa.gov/Driving+Safety/Research+&+Evaluation/Motor+Vehicle+Occupant+Protection+Facts+(revised+August+2008))

4. Child Passenger Safety Practices in the U.S., Michelle L. Macy and Gary L. Freed, University of Michigan, in the American Journal of Preventative Medicine, September 2012.

5. NHTSA Traffic Safety Facts (2008 Data) -Research

6-9. NHTSA Traffic Safety Facts (2006 Data) - Race and Ethnicity (Figure 3)